

ADARA 2023 Virtual Conference: Generational Trauma (via Zoom)

**Friday, February 24, 2023, 1:00 to 5:00 PM - Eastern Standard Time (3 Hours CEUs offered)
(10 AM PST; 11 AM MST; 12 PM CST)**

Expanding the Lens of Trauma-Informed Care

Moderator: Lori Day, Ph.D.



Panelists: Danielle Previ, Ph.D., Patrick Boudreault, Ph.D., and Wyatte Hall, Ph.D.

1.5 hour CEUs

Workshop Description:

Traumatic experiences can be transmitted across generations in numerous ways. Understanding ways in which generational trauma can impact both individual and community well-being is an essential component in moving toward community healing. This panel will share stories from their lived and professional experiences that relate to generational trauma in the Deaf community. They will also discuss how they are working to interrupt the cycle of generational trauma by improving mental health services. Their work includes translating mental health screening measures, adapting psychotherapeutic interventions, training Deaf clinicians, better understanding the impacts of language deprivation, and disseminating high-quality information to the general public.

Workshop Objectives:

1. Define generational trauma.
2. Identify three specific examples of generational trauma within the Deaf community.
3. Identify three protective factors in promoting community well-being.

Adult Child Estrangement: Working the Continuum

Damara Goff Paris, Ed.D. and E. Basil Kessler, Ph.D.



1.5 hour CEUs

Workshop Description:

Life stressors, child abuse and neglect, and ambivalence are all noted as contributors to estrangement among families. Though there is a paucity of research about Adult Child estrangement in the Deaf community; internationally, 27% of respondents reported being estranged from family members. Counselors may be asked to address estrangement with parents or adult children at any point in the continuum from contemplation to action to reconciliation. When considering Adult Child estrangement in Deaf families, attention can be given to the quality and quantity of communication, physical and emotional proximity of family members, and expectations around role reciprocity. Treatment may take the form of individual, couple, or family therapy that may include not only experiences of ambiguous loss by parents, but emotional distancing by adult children.

Workshop Objectives:

1. Identify the eight components of estrangement.
2. Explore estrangement narratives of both parents and initiators.
3. Consider the importance of resiliency and self-agency of Deaf clients.
4. Review possible therapeutic approaches to work with clients across the estrangement continuum.

Virtual Conference Agenda

(All times are in Eastern Standard Time; Paid registrations are required for workshops)

Friday, February 24, 2021, 1:00 to 5:00 PM EST (10 AM PST; 11 AM MST; 12 PM CST)

1:00 - 1:15 PM:

President's Welcome

1:15 - 2:45 PM:

"Expanding the Lens of Trauma-Informed Care," moderated by Dr. Lori Day

2:45 - 3:00 PM:

Break

3:00 - 4:30 PM:

"Adult Child Estrangement: Working the Continuum" by Drs. Damara Paris and Basil Kessler

4:30 – 5:00 PM:

ADARA Award for Outstanding Mental Health Services to Deaf People Ceremony

ADARA Board Elections Announcement

CEU Information:

The 2023 ADARA Virtual Conference is approved for 3-hour professional continuing education units (CEUs) by several professional disciplines:

- National Association of Social Workers (NASW)
 - National Board for Certified Counselors (NBCC)
 - Commission on Rehabilitation Counselor Certification (CRCC)
 - Registry of Interpreters for the Deaf (RID)
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- *This program is approved by the National Association of Social Workers (Approval #886568022-2432) for 3 continuing education contact hours.*
 - *The Alabama Department of Mental Health is an approved continuing education provider by the National Board of Certified Counselors, ACEP No. 6824 for 3 clock hours. ADMH Office of Deaf Services is solely responsible for all aspects of the program.*
 - *This program is approved by the Commission on Rehabilitation Counselor Certification (Approval Number: 60007965198) for 3 continuing education contact hours.*
 - *This program is approved by the Registry of Interpreters for the Deaf (Approval Activity #0289.0223.01-.02) for 0.3 continuing education contact hours.*

Accommodations:

ASL Interpreters and CART Services will be provided.

Registration Prices:

\$50 ADARA Members

\$100 Non-Members

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